

## COVID-19 Vaccines



In order to help prevent the spread of COVID-19, widespread vaccination against the virus is being carried out. The Government of Japan has decided to vaccinate people in the following order: Medical workers → Elderly people (anyone over 65 years of age) → People who have a history of medical conditions that may make them more vulnerable to the virus, and anyone working in a care home or similar facility → Everyone else not previously listed. People from overseas living in Japan are also eligible for vaccination, so in this month's *Living In Miyazaki*, we wanted to share some information about the vaccines.

### The Vaccination Process



- First of all, a voucher and some information about the COVID-19 vaccination will arrive from your local City, Town or Village Hall.
- Check the range of dates on which you can receive a vaccination, and make a reservation at a hospital or other venue (by phone, internet or other method listed on the notice from your local City, Town or Village Hall).
- When going to get vaccinated, make sure to bring your voucher and some ID (your Residence Card, Driver's License, National Health Insurance Card or other documentation to prove your identity).

### Vaccine Types, Side-Effects and Medical Questionnaires

Information on what types and brands of vaccine are available in Japan (e.g. Pfizer, Moderna), and any possible side-effects, has been translated into a range of languages and is available on the website of the Ministry of Health, Labour and Welfare. The health questionnaire to fill in beforehand has also been translated into several languages, so you can fill in the Japanese version while looking at the translation for more information:

<[https://www.mhlw.go.jp/stf/seisakunitsuite/bunya/vaccine\\_tagengo.html](https://www.mhlw.go.jp/stf/seisakunitsuite/bunya/vaccine_tagengo.html)>



### COVID-19 Vaccine Call Center:

#### **Call Center operated by the Ministry of Health, Labour and Welfare:**

- Tel: 0120-761770 (Calls are free of charge)
- Available on the hours listed by language below (the service is also available on weekends and national holidays)
- Japanese, English, Chinese, Korean, Portuguese, Spanish: 09:00-21:00
- Thai: 09:00-18:00
- Vietnamese: 10:00-19:00

※ If you have any questions about the vouchers or where you can receive a vaccine, please instead contact your local City, Town or Village Hall.

※ The information here is correct as of July 3<sup>rd</sup>.

If you have any questions, comments or suggestions regarding this column, please contact the Miyazaki International Foundation (MIF):

TEL : 0985-32-8457 FAX : 0985-32-8512 Email [miyainfo@mif.or.jp](mailto:miyainfo@mif.or.jp)

Also, if you ever have any questions or concerns about daily life in Miyazaki, please feel free to get in touch with the Miyazaki Support Center for Foreign Residents:

TEL : 0985-41-5901 FAX : 0985-41-5902 Email [support@mif.or.jp](mailto:support@mif.or.jp)